When distributing doTERRA® 72-Hour Emergency Relief Hygiene Kits it is important to explain the contents of the kit and how to use the doTERRA products within.

**doTERRA Tea Tree Touch:**
- Use on occasional skin irritations by rubbing Tea Tree Touch onto affected area.
- Rub on fingernails and toenails after showering to purify and keep nails looking healthy.

**Deep Blue® Rub Samples:**
- Deep Blue Rub was designed to help soothe, and uses essential oils with cooling and warming properties to help comfort problem areas.

**Other contents:**
- Towel
- doTERRA On Guard® Toothpaste samples
- Adhesive Bandages
- Shampoo & Conditioner Sample Packets
- Toothbrush
- 1.4 oz doTERRA Bath Bar

**Creative ways to use doTERRA 72-Hour Emergency Relief Hygiene Kit**

1. Towel can be utilized in an emergency situation to provide pressure for large wounds to stop bleeding.

2. The plastic hygiene kit bag can be repurposed and used to provide waterproof protection for important items.

3. The plastic hygiene kit bag can be repurposed and used as a wash bag.

4. Use the doTERRA bath bar for hand washing. Wash your hands with water and soap often for at least 20 seconds.